

# **Fertility Treatment Options - Combine Natural Treatments with IVF**

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<https://natural-fertility-prescription.com/fertility-treatment-options/>

It was an honor and a pleasure to be interviewed with Mindy Berkson, a renowned fertility consultant from [Lotus Blossom Consulting](#). We discussed natural fertility and assisted reproduction treatment options available to you. And how to combine the two to improve your odds of a successful pregnancy.

## **Fertility Treatment Options You'll Learn In This Podcast:**

- How to improve egg quality and treat age related infertility naturally
- The key to getting pregnant naturally in your 40s
- How to increase your odds of success with IVF
- What IUI, IVF and ICSI are
- How to find a suitable egg donor if you need to use one
- How to find an ideal surrogate if you choose to go down that path
- Which fertility treatment options and services are available to you from enhancing you natural fertility all the way to surrogacy and egg donation

You can conquer infertility with so many fertility treatment options available to you. Choose the right treatment for you. The one that's aligned with your values, beliefs, religion, culture, state of health, family traditions and your financial means. Thanks to modern medicine, new scientific discoveries, innovative fertility services which help you find suitable donors and surrogates and online mode of delivery of valuable information and fertility services you now have so many powerful fertility treatment options to choose from. So don't despair and become proactive until you find what's right for you, your partner and your family.

Wherever you are on your fertility journey stay hopeful and optimistic because there are so many wonderful options available to you to help make your dream of a healthy baby come true!

We would love to hear your thoughts on this podcast and welcome your feedback. What fertility treatment options did you use? What would you recommend to other women in your situation?