

## Q. 'How Can I Increase My Fertility?' - 08-12-2020

by Iva Keene MRMed. ND. - Qualified Naturopathic Physician - Natural Fertility Prescription - <https://natural-fertility-prescription.com>

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<https://natural-fertility-prescription.com/q-can-increase-fertility/>

In this video, we share a few things that you should and shouldn't do to optimize your fertility.

If you found this video helpful, we take a much [deeper dive into this topic in our 16-Week Fertility Coaching Program](#).