

Q. 'How Do I Know If I Am Infertile?' - 08-14-2020

by Iva Keene MRMed. ND. - Qualified Naturopathic Physician - Natural Fertility Prescription - <https://natural-fertility-prescription.com>

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<https://natural-fertility-prescription.com/q-know-infertile/>

Most people don't know if they are fertile or not until they start trying to conceive. If you've been trying to conceive for more than 6 months and you are in your 30s or older you are facing some challenges that first need to be identified and addressed.

Found this video helpful? We take a much deeper dive into this topic in our [16-Week Fertility Coaching Program](#).