

Natural Ways to Combat STD and Infertility

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STD and Infertility

The link between having an STD and infertility could be the reason why you're not getting pregnant. Natural ways to increase fertility include treating sexually transmitted diseases (STDs) in order to avoid the negative effects that exist with an STD and infertility.

Chlamydia

Chlamydia is caused by a bacteria you can get from having genital, anal or oral intercourse. Chlamydia can be passed from mother to child during childbirth. There are over 2,800,000 reported infections every year. Presently, 1.9 million US citizens are affected with Chlamydia. If you have Chlamydia, you are at an increased risk for ectopic pregnancies, pelvic inflammatory diseases (PIDs) and even infertility.

Chlamydia usually does not display any symptoms. 75% of women with Chlamydia showed no symptoms. But if infections do show, women usually have discomfort during urination, cervix inflammation, increased vaginal discharge, abdominal pain and spotting. If you have an infection, your symptoms are likely to show 3 weeks after contact with Chlamydia. Men with Chlamydia may have pain during urination and discharge from the penis.

Treatment usually includes antibiotics prescribed by your gynecologist.

Gonorrhea

Gonorrhea is caused by a bacteria you get from having sexual intercourse with an infected person. There are over 700,000 new cases of Gonorrhea every year. It can cause ectopic pregnancies, pelvic inflammatory disease (PID) and infertility. Gonorrhea can be passed from mother to baby during childbirth.

Common symptoms include vaginal discharge and pelvic pain for women. Men may experience discharge from the penis and pain during urination.

You can have Gonorrhea and display no symptoms. Common treatment include antibiotics prescribed by your OB/GYN.

Trichomoniasis

Trichomoniasis, commonly called "trich", is a sexually transmitted disease caused by a parasite. According to the Centers for Disease Control and Prevention (CDC), over 7 million US citizens are affected with Trichomoniasis each year. Out of those 124,000 are pregnant women.

Trichomoniasis can damage your fallopian tubes and can be transferred to your baby during delivery. Common symptoms include vaginal discharge that is usually greenish or yellowish, frothy and bad smelling. You may experience vaginal itch and irritation. You may have discomfort during urination or sexual intercourse. You also may have occasional spotting. You may have lower abdominal pain every once in a while. Your gynecologist will typically prescribe an antibiotic as a treatment for the Trichomoniasis.

Syphilis

Syphilis is caused by spirochete, a bacteria that can be passed on from an infected person via intercourse. There can be short-term or long-term problems associated with this STD and infertility when syphilis is left untreated. It can cross the placenta and transfer to the baby during childbirth.

In 2007, there were about 1.1 reported cases of Syphilis in every 100,000 American women. This figure went up by 10% from 2006 reported cases where most of the cases came from impoverished areas with low levels of education and poor access to health care. Total count of babies affected with Syphilis rose from 339 reported cases in 2005 to over 382 reported cases in 2006 and finally 430 reported cases in 2007.

The first stage of syphilis, known as primary syphilis, is characterized by painless and highly contagious chancre sores. Chancres usually show up about 3 weeks to 3 months after being exposed to Syphilis.

The second stage of syphilis, known as secondary syphilis, is characterized by non-itchy rashes all over the body, especially on the palms and soles. Lesions in the mouth and vagina are also common. You may also find wart-like sores in your genitalia. You may experience weight loss and hair loss.

Antibiotics prescribed for syphilis are meant to safeguard the baby against fetal damages.

It is important for you to know natural ways to increase fertility and avoiding the effects of an STD and infertility. Learn more about sexually transmitted diseases that can affect your fertility and have yourself and your partner tested as you may be infected for some time without your knowledge of your STD and infertility.